

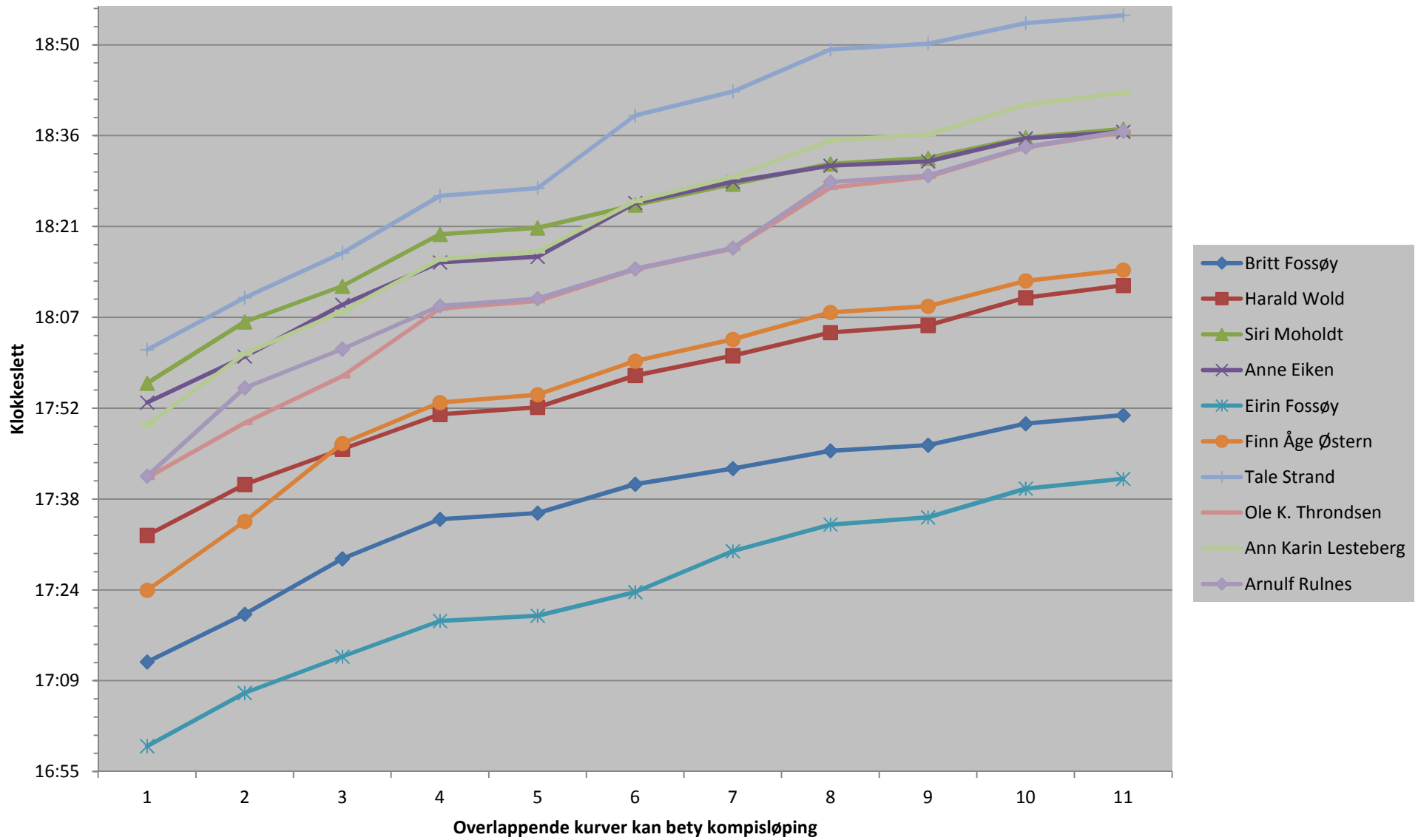
Resultater fra treningsløp Damtjønn 02. april 2014

Antall deltagere: 29

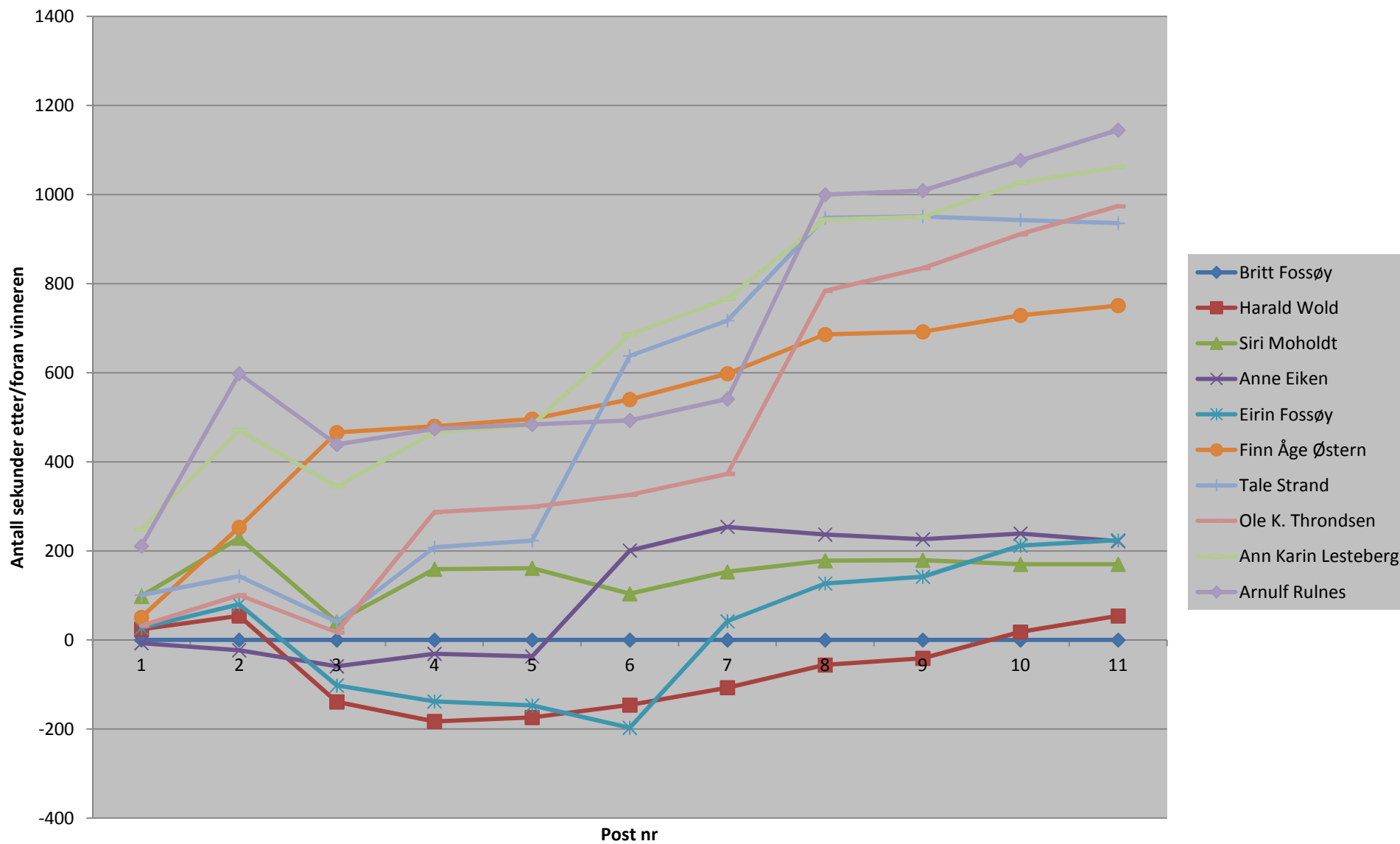
Brikke	Navn	Tid	Løype	Min/km	Klubb	Gull	Sølv	Brns	Disk	Antall: 27										v2.11.6
Post/EKT-kode---->					1/120	2/121	3/122	4/125	5/126	6/127	7/128	8/133	9/161	10/131	11/127	12/123	13/133	14/132	15/160	
	145390 Odd Strand	39:37	4,6 km lang	8:37	KOL	01:52	05:12	03:56	03:17	00:35	02:38	05:39	00:35	02:26	04:25	01:58	02:07	01:32	02:22	01:03
	196856 Magnus Sandven	43:55	4,6 km lang	9:33	NOL	04:35	04:17	05:04	03:31	00:39	02:27	05:06	00:37	02:06	03:56	01:46	01:48	04:36	02:29	00:58
	145800 Jørn Myrland	49:11	4,6 km lang	10:42	NOL	02:19	05:47	03:48	04:20	00:50	03:16	09:17	00:44	02:44	05:12	02:32	02:03	01:49	03:12	01:18
	89009 Petter Løe	50:46	4,6 km lang	11:02	NOL	01:46	05:42	05:22	04:55	01:44	03:29	07:58	01:18	03:05	05:30	02:06	02:18	01:43	02:42	01:08
	480040 Åge-Geir Skatter	54:20	4,6 km lang	11:49	NOL	02:11	06:07	04:46	05:07	00:56	05:20	07:57	00:51	02:47	05:37	02:52	02:15	02:03	04:13	01:18
	480043 Sveinung Rekaa	1:03:09	4,6 km lang	13:44	NOL	04:07	07:42	05:19	09:01	01:11	05:46	07:59	00:51	02:53	05:49	02:39	02:15	02:01	04:18	01:18
	170820 Håkon Lund	1:06:05	4,6 km lang	14:22		02:54	05:22	03:46	03:29	00:39	08:29	19:20	00:43	02:33	06:39	02:04	03:16	02:48	03:15	00:48
	132202 Rune Mork	1:18:07	4,6 km lang	16:59	NOL	02:13	07:59	07:04	05:41	00:52	08:08	18:46	00:58	02:54	06:01	02:45	04:56	05:58	02:53	00:59
	181573 Øyvind Drage	38:12	4,6 km lang	8:18	KOL	01:22	04:21	03:21	04:13	00:38	02:40	05:57	00:39	02:09	05:05	01:46	02:13	02:50	00:58	
	197933 Kristin Smeby	1:07:06	4,6 km lang	14:35	KOL	03:24	08:49	05:25	08:23	01:03	03:37	13:24	01:15	03:01			10:06	07:21	01:18	
	Post/EKT-kode---->					1/120	2/121	3/122	4/125	5/126	6/127	7/123	8/131	9/139	10/132	11/160				
	64748 Britt Fossøy	41:14	2,9 km A	14:13	NOL	02:08	07:33	08:48	06:15	00:59	04:35	02:29	02:49	00:53	03:24	01:21				
	153701 Harald Wold	42:08	2,9 km A	14:32	NOL	02:32	08:03	05:35	05:31	01:08	05:03	03:08	03:40	01:08	04:23	01:57				
	180239 Siri Moholdt	44:04	2,9 km A	15:12	KOL	03:46	09:44	05:40	08:13	01:01	03:38	03:18	03:14	00:54	03:15	01:21				
	190660 Anne Eiken	44:56	2,9 km A	15:30	KOL	02:01	07:17	08:12	06:43	00:53	08:33	03:22	02:32	00:42	03:37	01:04				
	129400 Eirin Fossøy	44:58	2,9 km A	15:30	NOL	02:35	08:26	05:46	05:39	00:50	03:45	06:28	04:14	01:08	04:34	01:33				
	86980 Finn Åge Østern	53:45	2,9 km A	18:32	KOL	02:59	10:55	12:21	06:29	01:15	05:19	03:27	04:17	00:59	04:01	01:43				
	158096 Tale Strand	56:50	2,9 km A	19:36	KOL	03:49	08:15	07:06	09:02	01:14	11:30	03:48	06:40	00:56	03:16	01:14				
	193014 Ole K. Throndsen	57:28	2,9 km A	19:49	KOL	02:40	08:42	07:24	10:45	01:11	05:02	03:16	09:40	01:44	04:40	02:24				
	95246 Ann Karin Lesteberg	58:56	2,9 km A	20:19	KOL	06:17	11:15	06:42	08:16	01:15	07:59	03:49	05:47	00:59	04:41	01:56				
	82342 Arnulf Rulnes	1:00:19	2,9 km A	20:48	NOL	05:39	14:00	06:09	06:50	01:09	04:44	03:17	10:28	01:02	04:32	02:29				
	153702 Randi Wold	06:13	2,9 km A		NOL						06:13									
	127198 Hilde Moholdt	31:35	2,9 km A	10:53	KOL	03:35	19:56	08:04												
	480044 Hugo Christensen	37:36	2,9 km A	12:58	NOL	02:16	07:02	05:23	06:16	00:53	04:05	03:11		02:29	04:26	01:35				
	62763 Robert Fredriksen	55:58	2,9 km A	19:18	NOL	06:09	08:10	06:22	12:23	01:19	05:05	03:54		05:11	05:42	01:43				
	137270 Sølve Drage	1:14:54	2,9 km A	25:50	KOL	02:40	11:41	08:35	12:05	01:05	23:04		07:17	01:42	04:57	01:48				
	Post/EKT-kode---->					1/141	2/135	3/137	4/138	5/143	6/132	7/140	8/160							
	182097 Vetle Drage	18:04	1,5 km N	12:03	KOL	00:53	01:26	03:56	02:17	01:34	02:37	04:26	00:55							
	183843 Jon Strand	59:06	1,5 km N	39:24	KOL	02:03	05:02	11:24	07:59	07:32	05:54		19:12							
	Eira Mork	Deltatt																		
	Kristian Mork	Deltatt																		

Arrangør: Anders Fossøy

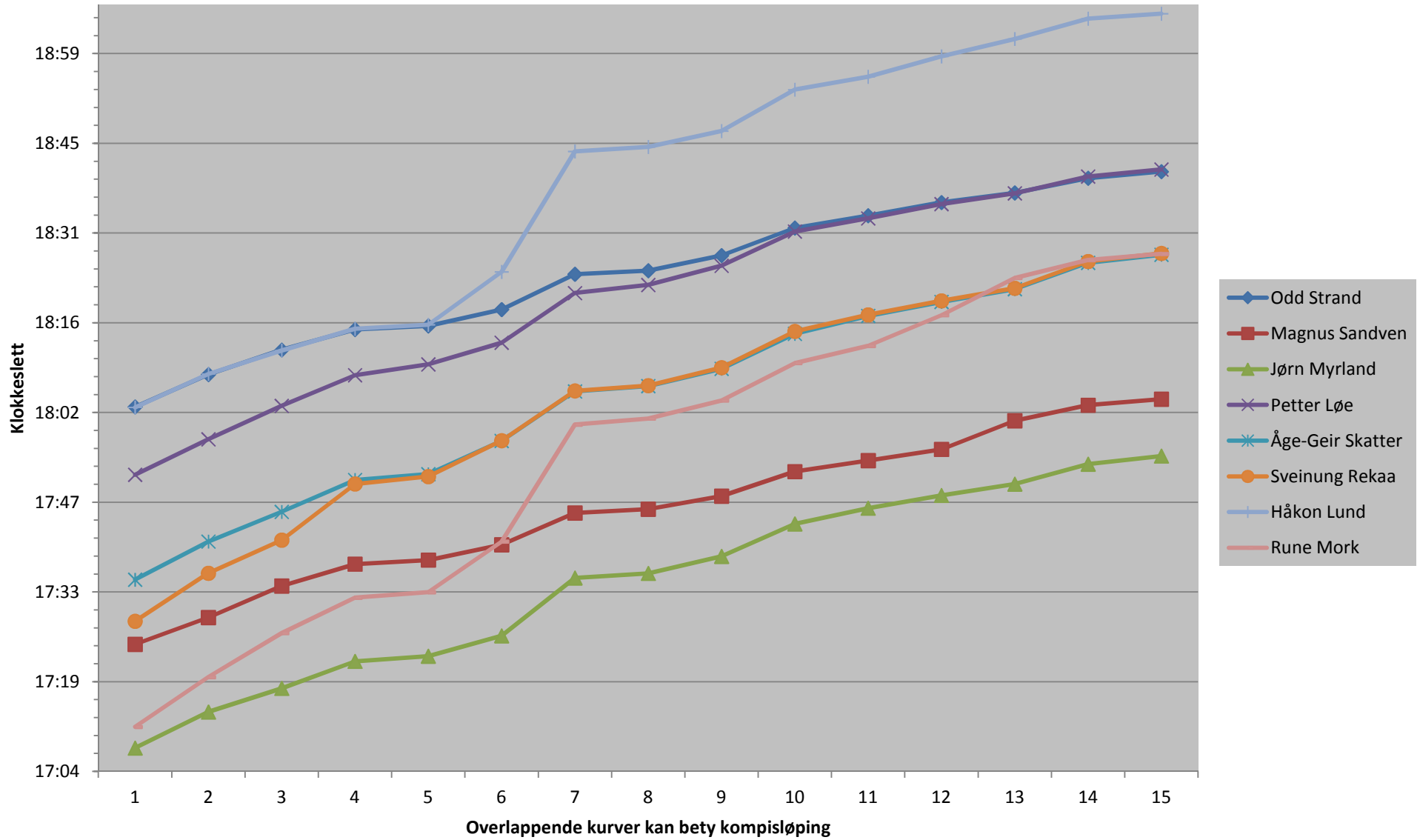
2,9 km A Kompis



2,9 km A referanse: Britt Fossøy



4,6 km lang Kompis



4,6 km lang referanse: Odd Strand

